

St. Aloysius School  
INSECT/FOOD ALLERGY MEDICAL - NURSING PROTOCOL

Please complete the following information, specific to your patient's needs.

Patient's Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Patient's Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Specific Food/Insect Allergen: \_\_\_\_\_

If the patient is stung, or has ingested or he thinks he/she has ingested the above named food:  
(Please number in order you wish protocol to occur.)

\_\_\_\_\_ Observe patient for symptoms of anaphylaxis\*\*

\_\_\_\_\_ Administer EPINEPHRINE (via Epi-Pen) 0.30 cc before symptoms occur

\_\_\_\_\_ Administer EPINEPHRINE (via Epi-Pen) 0.30 cc if symptoms occur

\_\_\_\_\_ Administer BENADRYL \_\_\_\_\_

(state specific dose and routine)

\_\_\_\_\_ Transport to ER for observation if symptoms occur and contact above  
physician

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

Parent/Guardian Authorization:

I hereby request that the above medication, ordered by the physician for my child

\_\_\_\_\_ be administered by authorized school personnel.

Signature \_\_\_\_\_

Relationship to child \_\_\_\_\_

Address: \_\_\_\_\_ Telephone # \_\_\_\_\_

**\*\*SYMPTOMS OF ANAPHYLAXIS**

Chest tightness, cough, shortness of breath.

Swelling of lips, tongue, throat.

Hive or Hoarseness.

Dizziness or faintness.

Incontinence.

Coma.

Tightness in throat, difficulty swallowing.

Itching mouth.

Stomach cramps, vomiting, or diarrhea.

Excessive apprehension.

Excessive perspiration, cold clammy skin.